

## Course Outcomes – Program Outcomes (COPO) Mapping

### Program Outcomes (PO): B.A. (H) Psychology

#### Undergraduate Curriculum Framework (UGCF) National Education Policy (NEP)

The Preamble of the Undergraduate Curriculum Framework-2022 underlines the historical perspective, philosophical basis, and contemporary realities of higher education as enshrined in the National Education Policy 2020 and endeavours to synchronize these cornerstones while charting the road ahead for the state of higher education.

#### ABBREVIATIONS / NOMENCLATURE

S. No.	Nomenclature	Description	Aggregate Courses
1	PO	Program Outcome	PO1, PO2, PO3, PO4, PO5, PO6, PO7, PO8, PO9, PO10, PO11, PO12, PO13, PO15, PO16
2	CO	Course Outcome	CO1, CO2, CO3, CO4, CO5
3	DSC	Core Courses	DSC1, DSC2, DSC3, DSC4, DSC5, DSC6, DSC7, DSC8, DSC9, DSC10, DSC11, DSC12
4	DSE	Discipline Specific Electives	DSE1, DSE2
5	GE	General Electives	GE1, GE2, GE3, GE4
6	MDSC	Multidisciplinary Discipline-Specific Core	MDSC1, MDSC2, MDSC3, MDSC4, MDSC5, MDSC6, MDSC7, MDSC8
7	MDSE	Multidisciplinary Discipline-Specific Elective	MDSE1, MDSE2

#### Program Outcomes (PO): B.A. (H) Psychology (NEP)

S. No.	Program Outcomes (PO): B.A. (H) Psychology	Statements
1.	PO1	Knowledge about the discipline and research methods.
2.	PO2	Basic professional skills pertaining to psychological testing, assessment and counselling
3.	PO3	Ability to use skills in specific areas related to chosen specialisation (e.g. cognitive, industrial -organisational, clinical, counselling, health, educational, social, community).
4.	PO4	Ability to connect theory with personal experiences and varied applied settings.
5.	PO5	Understand how psychology can be applied to solve problems facing humankind.
6.	PO6	Computer literacy, including the ability to use various e-resources, technology and social media.
7.	PO7	Articulation of ideas, scientific writing and authentic reporting.
8.	PO8	Tolerating ambiguities and appreciating the limitations of the discipline, and critically analysing conflicting theories and approaches.
9.	PO9	Understanding varied socio-cultural contexts, being mindful of indigenous traditions.
10.	PO10	Creating awareness about gender issues.
11.	PO11	Cultivating an ethical mind-set, including a strong work ethic, avoiding unethical behaviours such as data fabrication and plagiarism, being mindful of implications of research using human participants.
12.	PO12	Commitment to health and wellbeing at different levels (e.g. individual, organization, community, society).
13.	PO13	Developing skills of communication, negotiation, team work, effective presentation, etc.
14.	PO14	Appreciating and tolerating diversity.

15.	PO15	Developing positive attributes such as empathy, compassion, optimism, social participation , and accountability.
16.	PO16	Self-development and personal growth.

### Course Outcomes (CO): B.A (H) Psychology

<b>SEMESTER 1:</b>			
<b>DSC-1 : INTRODUCTION TO PSYCHOLOGY</b>			
<b>Unique Paper Code</b>	<b>Name of the Paper</b>	<b>Course Outcome: CO</b>	<b>Statement</b>
2112101101	Introduction to Psychology	CO1	To introduce students to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life.
		CO2	Appreciation of the scope and the field of psychology.
		CO3	Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, and thinking.
<b>DSC- 2: Cognitive psychology:</b>			
2112101102	Cognitive psychology	CO1	To gain an understanding of basic theoretical, empirical, and applied knowledge that have shaped cognitive psychology
		CO2	To understand the fundamentals of cognitive processes and cognitive psychology.

### DSC- 3: Biopsychology

2112101103	Biopsychology	CO1	To understand into the nature and scope of biopsychology and its applications in psychology
		CO2	To learning the structure and function of Neuron and the importance of action potential and synaptic activity
		CO3	To become aware of the methods to study the brain and its role in behavior
		CO4	To learn how endocrine glands mediate behavior

### BA PROGRAM

#### MDSC-2: FUNDAMENTALS OF COGNITIVE PSYCHOLOGY

2112201202	Fundamentals of cognitive psychology	CO1	Appreciate important concepts related to cognition such as attention, perception, Problem solving and creativity
		CO2	Develop an insight into the applications of cognitive psychology concepts in everyday life
		CO3	Design studies/research on cognitive concepts.

#### MDSC-1 : FUNDAMENTALS OF PSYCHOLOGY

2112201201	Fundamentals of psychology	CO1	Understand the basic psychological processes
		CO2	Apply principles of psychology in everyday life

### GE ( FOR HONOURS)

#### GE-1: FOUNDATIONS OF PSYCHOLOGY

2114001001	Foundations of Psychology	CO1	To introduce the core concepts of psychology with an emphasis on applications of psychology in everyday life.
		CO2	To help students develop an insight into their own and others' behaviour and underlying mental processes.
		CO3	To understand and be able to interweave the fundamental

			psychological concepts of learning, memory, motivation, and emotion.
		<b>CO4</b>	To understand the theoretical perspectives and research findings that have shaped some of the most important areas of contemporary psychology

**COPO MAPPING**

		<b>SEMESTER I: COPO MAPPING</b>															
Papers	Course Outcome: CO	Program Outcome : PO															
		PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PO 13	PO 14	PO 15	PO 16
DSC1	CO1	✓			✓												
	CO2	✓															
	CO3			✓													
	CO4	✓															
DSC2	CO1	✓															
	CO2	✓			✓												
	CO3	✓															
	CO4				✓												
DSC3	CO1	✓															
	CO2				✓												
	CO3			✓													
	CO4	✓															
MDSC2	CO1	✓				✓											
	CO2	✓		✓													
	CO3					✓											
	CO4			✓													
MDSC1	CO1	✓															
	CO2					✓											
	CO3	✓															
	CO4					✓											
GE1	CO1	✓			✓												
	CO2				✓												
	CO3	✓															
	CO4				✓												

<b>SEMESTER II (FOR HONOURS):</b>			
<b>DSC-4 : PSYCHOLOGY OF INDIVIDUAL DIFFERENCE</b>			
2112101201	<b>PSYCHOLOGY OF INDIVIDUAL DIFFERENCES</b>	CO1	Developing an understanding of the concept of individual differences.
		CO2	Having a comprehensive knowledge of personality theories, and recognizing the role of biology, culture and gender in the development of personality.
		CO3	Understanding the various approaches to intelligence and appreciating the diverse frameworks
		CO4	Knowing the principles of psychological testing and its application for the measurement of personality and intelligence.

**DSC-6 : STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH.**

2112101203	<b>Statistical Methods for Psychological research</b>		Understanding the relevance of statistical methods for psychological research, and the difference between descriptive and inferential statistics.
			Having knowledge about variables, scales of measurement and the percentile system.
			Learning to present numerical data graphically.
			Knowing the properties and computation of the various measures of central tendency and variability
			Developing an understanding of standard scores, and the

			nature and applications of the normal probability distribution
			Getting acquainted with correlation technique for quantitative research

**BA PROGRAM :  
MDSC= 3 INTRODUCTION TO SOCIAL PSYCHOLOGY**

2112201201	<b>INTRODUCTION TO SOCIAL PSYCHOLOGY</b>	<b>CO1</b>	To help students comprehend the basic principles of social psychology.
		<b>CO2</b>	To develop an understanding of how an individual's thoughts, feelings and behavior are influenced by social context.

**MDSC = 4 : APPLICATIONS OF SOCIAL PSYCHOLOGY**

2112201202	<b>APPLICATIONS OF SOCIAL PSYCHOLOGY</b>	<b>CO1</b>	Understand social problems and issues related to self and society
		<b>CO2</b>	Design 'and execute a study based on any relevant intervention/participatory method

**GE COURSE ( HONOURS)  
GE -2: HEALTH AND WELLBEING**

2114001203	<b>HEALTH AND WELLBEING</b>	<b>CO1</b>	To understand the concept of health and well-being from the standpoint of biological, psychological, social and cultural factors in interaction with each other.
		<b>CO2</b>	To learn about the role of health beliefs, attitudes and behaviours affecting individuals 'decisions relating to health
		<b>CO3</b>	To understand the importance of modifying the problematic health behaviours.

**COPO MAPPING**

		<b>SEMESTER II : COPO MAPPING</b>															
<b>Papers</b>		<b>Program Outcome : PO</b>															
<b>Course Outcome: CO</b>		<b>PO 1</b>	<b>PO 2</b>	<b>PO 3</b>	<b>PO 4</b>	<b>PO 5</b>	<b>PO 6</b>	<b>PO 7</b>	<b>PO 8</b>	<b>PO 9</b>	<b>PO 10</b>	<b>PO 11</b>	<b>PO 12</b>	<b>PO 13</b>	<b>PO 14</b>	<b>PO 15</b>	<b>PO 16</b>
DSC4	CO1	✓														✓	
	CO2				✓												
	CO3														✓		
	CO4		✓														
DSC5	CO1	✓															
	CO2										✓						
	CO3									✓							
	CO4			✓													
DSC6	CO1	✓															
	CO2	✓	✓														
	CO3	✓															
	CO4	✓															
MDSC3	CO1	✓															
	CO2			✓													
	CO3		✓														
	CO4							✓									
MDSC4	CO1	✓				✓											
	CO2					✓											
	CO3				✓												
	CO4					✓											
GE2	CO1	✓											✓				
	CO2											✓					
	CO3			✓													
	CO4											✓					

**SEMESTER 3 ( HONOURS)**  
**DSC -7:DEVELOPMENT OF PSYCHOLOGICAL THOUGHTS**

2112102301	<b>Development of psychological thoughts</b>	CO1	Understand the historical events and key philosophical, pre-scientific and scientific developmental milestones that have shaped the discipline of contemporary psychology.
		CO2	• Identify and appreciate the perspectives and significant contributions of luminaries in the history of psychology
		CO3	Recognize the relevance of diversity of contexts and the pluralistic origin of significant ideas, concepts and theories which shaped the history of psychology
		CO4	Compare and contrast the development of psychological thought from both the Indian and Western perspectives
		CO5	Use critical thinking to question, debate and evaluate the guiding assumptions of psychological theories, concepts and principles and to apply these effectively, both at an individual level and in diverse settings.

**DSC-8: PARADIGMATIC FOUNDATIONS OF PSYCHOLOGY**

2112102302	<b>Paradigmatic Foundations of Psychology</b>	CO1	Appreciate and critically analyse the paradigmatic foundations and assumptions of different theories in Psychology
		CO2	Appreciate and use the different traditions of psychological inquiry
		CO3	Identify and use the suitable methods of data generation for different psychological inquiries

**DSC-9: SOCIAL PSYCHOLOGY IN APPLIED CONTEXT**

2112102303	<b>Social Psychology in Applied Context</b>	CO1	Describe the key concepts and methods relevant to the study of social psychology.
		CO2	Understand and improve the relationship between self and society
		CO3	Understand the significance of indigenous social psychology and apply social psychological processes in promoting change in Indian society

**BA PROGRAM**

**MDSC-5: UNDERSTANDING MENTAL DISORDERS**

2112202301	<b>UNDERSTANDING MENTAL DISORDERS</b>	CO1	Distinguish between normal and abnormal behavior and learn the criteria of determining abnormality.
		CO2	Categorize and diagnose disorders according to the current diagnostic systems (current editions of the Diagnostic and Statistical Manual of Mental Disorders and International Classification of Diseases- Mental Disorders section
		CO3	Discriminate between the various anxiety disorders and different mood disorders.

**MDSC 6: BIOPSYCHOLOGY**

2112112302	<b>BIOPSYCHOLOGY</b>	CO1	To understand into the nature and scope of biopsychology and its applications in psychology
		CO2	To learning the structure and function of Neuron and the importance of action potential and synaptic activity
		CO3	To become aware of the methods to study the brain and its role in behaviour
		CO4	To learn how endocrine glands mediate behaviour

**GE COURSE FOR HONOURS:  
GE 3: YOUTH AND MENTAL HEALTH**

2114002002	<b>YOUTH AND MENTAL HEALTH</b>	<b>CO1</b>	By studying this course, the student will be able to understand the ecological perspective on the risk and protective factors affecting mental health amongst young people.
		<b>CO2</b>	By studying this course, students will be able to identify and distinguish amongst widely prevalent disorders afflicting youth.

**COPO MAPPING**

		<b>SEMESTER III: COPO MAPPING</b>																
Papers	Course Outcome: CO	Program Outcome : PO																
		PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PO 13	PO 14	PO 15	PO 16	
DSC7	CO1	✓																
	CO2								✓									
	CO3			✓		✓												
	CO4														✓			
DSC8	CO1	✓														✓		
	CO2																	
	CO3	✓		✓														
	CO4			✓														
DSC9	CO1	✓																
	CO2					✓						✓						
	CO3										✓							
	CO4											✓						
MDSC5	CO1	✓																
	CO2	✓		✓								✓						
	CO3										✓							
	CO4			✓														
MDSC6	CO1	✓																
	CO2		✓	✓														
	CO3			✓														
	CO4		✓															
GE3	CO1	✓																
	CO2	✓																
	CO3			✓														
	CO4	✓			✓													

**SEMESTER 4 BA (HONOURS)  
DSC-10: UNDERSTANDING MENTAL DISORDERS**

2112202301	<b>UNDERSTANDING MENTAL DISORDERS</b>	<b>CO1</b>	Distinguish between normal and abnormal behavior and learn the criteria of determining abnormality.
		<b>CO2</b>	Categorize and diagnose disorders according to the current diagnostic systems (current editions of the Diagnostic and Statistical Manual of Mental Disorders and International Classification of Diseases- Mental Disorders section)
		<b>CO3</b>	Discriminate between the various anxiety disorders and different mood disorders.

**DSC-11: POSITIVE PSYCHOLOGY**

2112102402	<b>POSITIVE PSYCHOLOGY</b>	<b>CO1</b>	To understand and appreciate the meaning and conceptual approaches to positive psychology.
		<b>CO2</b>	Understand the importance of positive states and processes.
		<b>CO3</b>	Learn various strategies to enhance happiness and wellbeing.

**DSC-12: INFERENCE STATISTICS IN PSYCHOLOGY.**

<b>2112102403</b>	<b>INFERENCE STATISTICS IN PSYCHOLOGY</b>		
		CO1	To understand advanced statistical techniques.
		CO2	To understand the statistical methods used in statistical inferences with a concept-focused approach.

**DSE- 5 : PSYCHODIAGNOSTICS**

<b>2113102005</b>	<b>PSYCHODIAGNOSTICS</b>		
		CO1	Learn which kinds of tests are used for intellectual, cognitive and personality assessment in clinical contexts.
		CO2	Understand the key descriptive features of tests used in clinical contexts.
		CO3	Know salient interpretive possibilities of psychological tests for diagnostic purposes.
		CO4	Evaluate the role of multiple methods of assessment in clinical settings.

**BA (PROGRAM)****MDSC-8: EMERGENCE AND GROWTH OF PSYCHOLOGY**

<b>2112202401</b>	<b>EMERGENCE AND GROWTH OF PSYCHOLOGY</b>		
		CO1	Appreciate the changing nature of subject matter and methodologies in the evolution of the discipline.
		CO2	Apply psychological concepts and principles in a more informed manner in diverse settings.

**MDSC-7 : STATISTICAL METHODS AND PSYCHOLOGICAL TESTING**

		CO1	Apply the knowledge of descriptive statistics in psychological testing.
		CO2	Present numerical data graphically and administer and interpret objective psychological tests.

**GE COURSE FOR HONOURS :  
GE4 : PSYCHOLOGY AT THE WORKPLACE**

<b>2114000013</b>	<b>PSYCHOLOGY AT THE WORKPLACE</b>		
		CO1	Apply the basic principles of psychology in work-settings.
		CO2	Critically evaluate the contemporary issues that shape management practices in organisations.
		CO3	Apply theories and concepts of motivation and leadership in organisations.



